The Warrior by San George.

football gave me?"

Worrier or warrior?

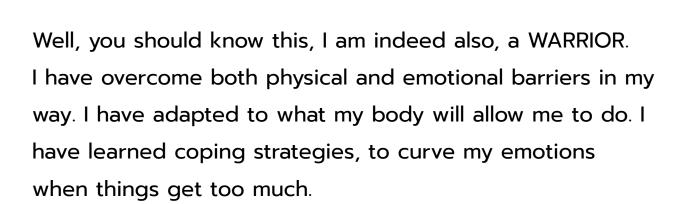
Do you know the difference?

Let me tell you by my perspective.

Worry is what I do all the time:
"Why can't I do what I used to do?

Why is my life so different now?"

I worry all the time! "Am I any good at the things I enjoy?" "Will I get the same enjoyment that



Never give UP

So you see, you can be both a worrier and a warrior.

Just be kind to yourself to be in the moment.

But wait... Isn't there a dark side of The Warrior?

"The Dark Side of The Warrior", is not as Dark as it sounds
Destructive, anger and hatred come to mind when a
warrior is mentioned. True, I demonstrate all of these traits.
I can get angry and self destructive, I can probably hate
when I definitely shouldn't. But in truth these are what
strives me to be a better, more tolerant person.