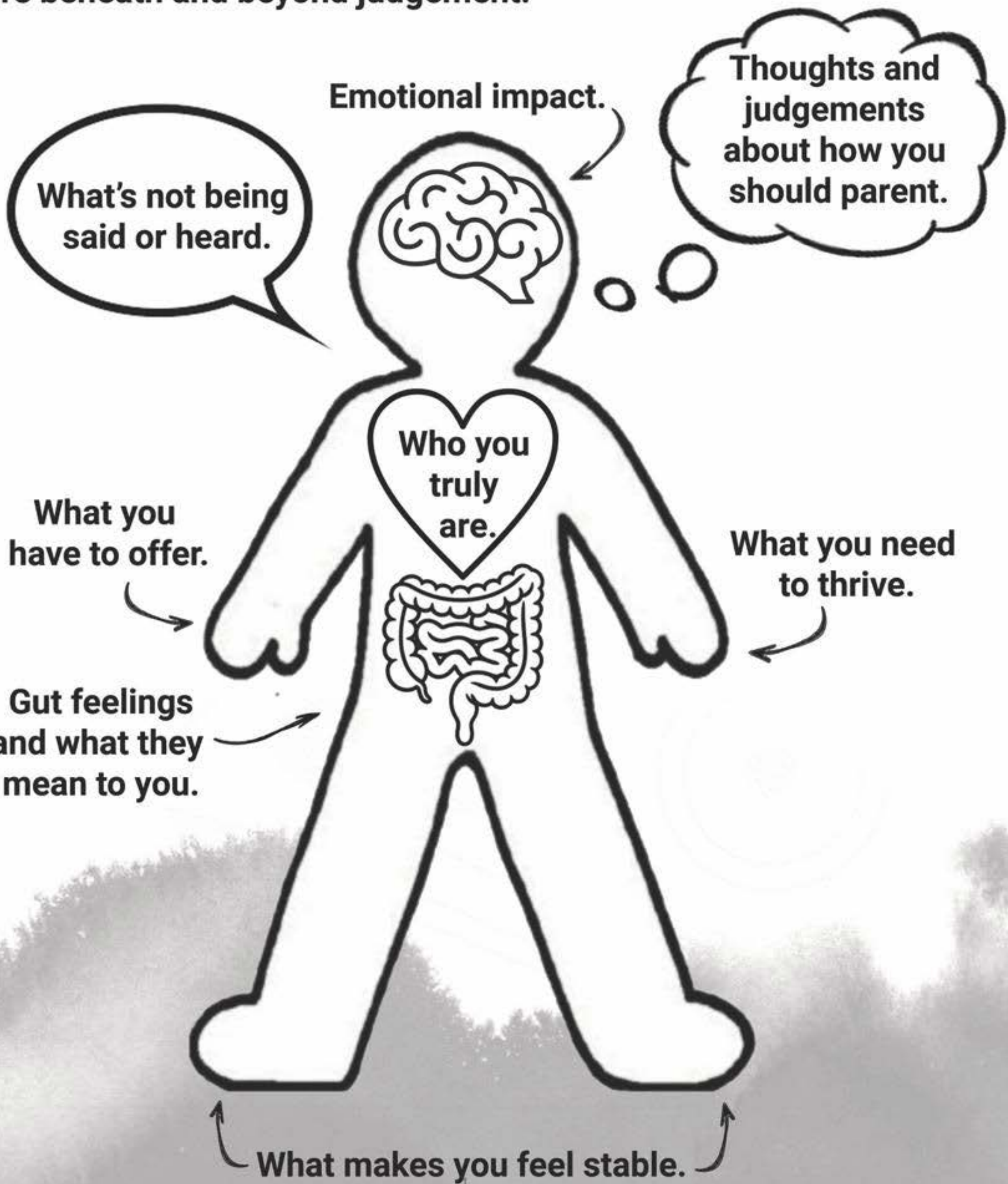
The Myth of the Perfect Parent
and Other Unhelpful Tales We Inherit

This activity maps the myth's impact to make space for who we are beneath and beyond judgement.



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